

# Altamont Eagle News

Phone Number: 620-784-5511

January 2022

## Important Dates in January

- 1 - Happy New Year
- 5 - School Resumes: Welcome back!
- 6 - Bball Bartlett vs. AGS (Away) 4:00
- 10 - Board Meeting - 7:00 @ AGS
- 11 - Bball Coffeyville vs. AGS (boys) (home) 4:00
- 13 - JH Bball - AGS vs. St. Pats (home)- 4:00
- 15 - Elementary/Middle School District Honor Band
- 17 - MLK Jr. Day - No School
- 20 - JH Bball - AGS vs. Chetopa - 4:00 (home)
- 24 - JH Bball - AGS vs. Mound Valley - 4:00 @ Mound Valley
- 27 - JH Bball - AGS vs. Thayer @ AGS
- 31 - JH Bball - AGS vs. Oswego 4:00 (Home) (8th Grade Parent Night)

## Parents as Teachers

Parents as Teachers Labette County USD 506  
Being a parent is hard work. USD 506 offers a FREE Child development/parenting program to families who are expecting or raising a young child under the age of three. Parents who enroll in the voluntary program "Parents as Teachers" can expect personal visits every 3-4 weeks from a certified Parent Educator and opportunities to meet other parents of young children at group connections.  
For more information or to enroll in "Parents as Teachers" please contact Paula Kastler or call at 620-820-3892



## January 2022. Transportation Corner

Happy New Year! As we begin the new year just a reminder or two.

1.)**Phone/Address Changes:**  
If you have changed phone numbers, address or primary/emergency contact persons for your student during the Christmas Break please notify the bus barn and your student's school so we can make appropriate changes. Please remember to call or text in advance if your student will not be riding on any particular morning as this saves the driver time and the district saves on fuel and the bus traveling unnecessary miles.

2.)**Lost and Found:**  
Items that get left on the bus usually make their way to the building's lost and found. However, occasionally lost items get dropped off at the bus barn. Normally these are clothing items and after they sit at the bus barn a month or two we donate them to the thrift store or throw them away.

Be sure and like us on Facebook: Altamont Grade School and follow us on Twitter: @AltamontEagles



## Why School Breakfast?

Breakfast really is the most important meal of the day for kids, as it provides the necessary energy to get set for a day of learning and achievement. Some of the benefits of eating school breakfast include:

- **Improved Behavior-**  
Hungry children are more likely to have discipline problems. But kids who eat regularly are less likely to be suspended from school.
- **Reduced Tardiness-** Kids who participate in the School Breakfast Program are late or absent from school less often.



*Congratulations to Jace Jenkins for earning a Positive Office Referral during the month of December. Also, we would like to recognize Bella Carter for exhibiting Quality Work for the month of Dec. Great job, kids. Keep up the great work.*

## Is Your Home Suicide- Proof?

After the holidays, January can be a time of year when people often become depressed and stressed. Even if you think your loved ones are not at risk for suicide, these are some simple steps you can take to help suicide-proof your home and help save a life.

- Reduce access to lethal means.
  - Individuals are five times more likely to die by suicide when there is a firearm in the home. When individuals are kept from using a specific method they do not simply "find another way".
- Limit access to medications.
  - Teens who attempt suicide use medications more than any other method.
- Promote healthy use of social media.
  - Don't allow social media to replace real life--encourage time with family and friends
- Listen and ask.
  - Asking, "Are you thinking about suicide?" communicates that you are open to speaking about suicide in a non-judgmental and supportive way.

### **Resources**

If you are concerned that someone you care about is at risk of suicide contact:

**SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255)**

**CRISIS TEXT LINE Text HELLO to 741741**

**SUICIDE PREVENTION HOTLINE 316-660-7500**

**THE TREVOR PROJECT** 1-866-488-7386 or Text START to 678678, or Instant Online Messaging via a computer at TrevorChat

**A FRIEND ASKS APP** developed by the Jason Foundation can be downloaded for Android or iPhone

### **TRIO**

**TRIO** - Michelle Dayton, the educational advisor for TRIO notified AGS to let us know there are still spots available for students in grades 6-8 who are interested in the program. You can contact Michelle at Labette Community College: [michelled@labette.edu](mailto:michelled@labette.edu)

### **What is Talent Search?**

Talent Search is a federally funded TRIO program that reaches out to secondary students grades 6 through 12 and adults who have the potential to succeed in higher education. Talent Search provides services to encourage eligible participants to graduate from high school and enroll in college. For more information, check out the link: <http://www.labette.edu/studentaffairs/talentsearch/about.html>